

SUMMER 2024 SCHEDULE (June 17-Aug 30)

		Sun	Mon	Tues	Wed	Thurs	Fri	Sat		
M o r n i n g	C l o s e d	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim			
		6:00-8:00a Water Walk	6:00-10:00a Water Walk	6:00-8:00a Water Walk	6:00-8:00a Water Walk	6:00-10:00a Water Walk	6:00-8:00a Water Walk			
		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		
		8:10-9:00a SW Aerobics	8:10-9:00a DW Aerobics	8:10-9:00a SW Aerobics	8:10-9:00a DW Aerobics	8:10-9:00a SW Aerobics	8:10-9:00a SW Aerobics			
		9:10-10:00a DW Aerobics	8:00-9:00a Adult Lessons	9:10-10:00a DW Aerobics	8:00-9:00a Adult Lessons	9:10-10:00a DW Aerobics	8:00-9:00a Adult Lessons	9:10-10:00a DW Aerobics		
		9:00-10:00a Water Walk		9:00-10:00a Water Walk		9:00-10:00a Water Walk		9-NOON Water Walk		
		10:00-noon Lessons	10:00-noon Lessons	10:00-noon Lessons	10:00-noon Lessons	10:00-noon Lessons		10-2p Lap Swim		
		12:10-1:00p SW Aerobics		12:10-1:00p SW Aerobics		12:10-1:00p SW Aerobics		12:10-1:00p SW Aerobics	10-Noon Family swim/ Water walk	
			Noon-1p Family Swim/ Water walk		Noon-1p Family Swim/ Water walk		Noon-1p Family Swim/ Water walk		Noon-2p Public Swim	
		1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim		
		3:30-5:00p Lap Swim	3:30-5:00p Lap Swim	3:30-5:00p Lap Swim	3:30-5:00p Lap Swim	3:30-5:00p Lap Swim				
		4:00-6:00p Lessons	4:00-6:00p Lessons	4:00-6:00p Lessons	4:00-6:00p Lessons	4:00-6:00p Lessons				
		5:00-6:30p Sea Lions Swim Team Practice								
		6:00-6:30p Parent/TOT		6:00-6:30p Parent/TOT		6:00-6:30p Parent/TOT				
6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim					
6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics					
6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim					

DW: Deep Water Aerobic Class

SW: Shallow Water Aerobic Class

Family swim: Small Pool only. Anyone under 18 must be accompanied by an adult IN water at all times!

Public swim: Parent must accompany any child 6 & under IN water at all times!