

WINTER BREAK 2024/25 SCHEDULE (Dec. 23-Jan. 4)

		Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
M o r n i n g	C I O S e d	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim		
		6:00-8:00a Water Walk	6:00-11:00a Water Walk	6:00-8:00a Water Walk	6:00-8:00a Water Walk	6:00-11:00a Water Walk	6:00-8:00a Water Walk		
		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics			
		8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons	8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons	8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons	8:10-9:00a SW Aerobics	
		9:00-10:00a Water Walk	8:10-9:00a DW Aerobics	9:00-10:00a Water Walk	8:10-9:00a DW Aerobics	9:00-10:00a Water Walk	8:10-9:00a DW Aerobics	9:00-10:00a Water Walk	
		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics	10:00-1:00p Lap Swim
		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics	10:00-1:00p Family Swim/ Water Walk
		11:00a-1:00p Family Swim	11:00-1:00p Family Swim	11:00a-1:00p Family Swim	11:00-1:00p Family Swim	11:00a-1:00p Family Swim	11:00-1:00p Family Swim	11:00a-1:00p Family Swim	
		POOL CLOSED 1:00-3:30P						C L O S E D	
		SHHS Swim Team Mid Nov.-Mid Feb. 3:30-5:00p NO LAP SWIM							
3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim				
Holiday Schedule: Pool closes at 5:00pm									
Sea Lions Swim Team M-F 5:00-6:30p									

DW = Deep Water Aerobic Class

SW = Shallow Water Aerobic Class

Water Walk = No instructor

Family Swim = Adult Must be IN Water with child at all times

Public Swim = Children under 7 must be accompanied by an Adult IN Water at all times.